

HOW TO IMPROVE HAND WRITING OF YOUR WARD

Learning handwriting is the most important part of learning. As whatever learnt has to be documented in the notebook. The learnt part has to be scripted and corrected/approved by the teacher, which gives confirmation to the learner. Every parent dreams that their child's handwriting should be wonderful. But a teacher always tries to make her students' handwriting legible. Utmost care towards writing is always taken into consideration. Once upon a time there was a tradition of giving remarks as "Handwriting is not good" or "Improve your handwriting". One more horrible task was to write one page every day. We all know that by the age of 7-8 years, most of the children form their style of holding pencil/pen and writing habits, which sometimes becomes very difficult to modify. Cursive handwriting should be introduced only after confirming that the fine motor skill is developed, which usually takes place at the age of 5-6 years.

Please take note that the letters b,d,h,k and l are called ascenders. The top of these letters should reach high, close to the top line and should touch the line.

The letters g,j,p,q and y are descenders, these letters end below the line. The letter f is in both the categories while other letters are neither ascenders nor descenders. The children should know the correct grip of holding the pencil. Ensures that when they write in the notebook it should be fully open and not half folded.

Remember research shows that the children will love handwriting when they will have short focused handwriting sessions.

What is Play way method of teaching & learning

Primary education is the foundation of all education. If the foundation is strong then the super-structure of higher education will be the strongest. This is one of the most important reasons to adapt such a strategy, which fulfills the need of the younger children, and this is the correct time to review the whole educational system moreover to adopt new teaching methods. To make pre-primary education effective and impressive, it is necessary to facilitate appropriate curriculum provided with sociological, physical and psychological need of the children and competent teachers too. Teachers should develop suitable curriculum, materials and adopt such teaching techniques, which make the teaching-learning process a joyful experience for both. The children should have the reason to come to school every day. Younger children learn best from the environment, so the environment should physically and sociologically be fit and interesting too. Especially for this age group interest is the most important factor. They cannot appreciate abstract ideas at they are fond of concrete and tangible things. They like to acquaint themselves with the phenomena around them. They are able to concentrate on a particular aspect for a short while only. Curiosity is the dominant factor of this age group. Children love to be involved in different activities. And they expect appreciation too even for the smallest work.

To provide the right atmosphere for learning, the teacher is supposed to make her teaching effective by using different teaching technique or teaching aids. Play-way method can help the teacher to achieve the goal. This is an initiative taken by Pre-Primary teachers to encourage activity-based teaching.

Language Development Program in Pre-Primary Classes

Our objectives are:

- Providing enough learning opportunities to the budding phonological skills of the children.
- Engaging the children in rhyming word productivity without scaffolding.
- Assuming that children already have basic sound knowledge.

Learning second language system:

- Four stages
 - 1) Use of home language in second language settings.
 - 2) Observational and listening period.
 - 3) Telegraphic and formulaic communication.
 - 4) Productive language.

Skill and Sub skills:

- **Listening**
- Children listen with understanding.
- By becoming active listener they process the features of English like vocabulary, grammar, phonology, and pragmatics also they become familiar by making hypotheses about how language works.
- The teacher has to demonstrate good listening skill first for both verbal and non verbal communication.
- Children use nonverbal and verbal strategies to communicate with others.

Reading

- Children demonstrate appreciation and enjoyment of reading and literature.
- They show an increasing understanding of book reading.
- They demonstrate awareness that print carries meaning.
- They show phonological awareness.

Speaking

- Scaffolding communication by combining English words with home language, also with some types of body language and visual clue.
- Extend and expand child's language.
- Creating small groups for reading.
- Encouragement for independent communication.
- Teacher will ask open ended questions after telling a story.



Monsoon has brought great relief from sweltering heat. But it brings a lot of unwanted diseases. It has been noticed that many children are suffering from cold, cough and viral fever. Due to sickness, they don't feel fresh during their study period. It is well said that prevention is always better than cure. By taking care of some small things, our children will be safe from many diseases.

Following are some tips, to be taken care during Rainy Season;

1. **Healthy diet:** Wash the vegetable and fruits two times before use. Avoid leafy Vegetables during this season. Instead of that have more use of fresh fruits. Always use filtered water, otherwise use boiled or cold water. Prefer Fresh cooked food at home. Don't give preserved food, juices to your children. Jam and Sauces attract flies to the food. Most importantly avoid street food totally and party foods.
2. **Clothes:** Always go for covered clothes for your children, it can protect your child from mosquito bites and secondly it will keep body warm. Clothes must be properly dried if possible iron clothes regularly; it will prevent your child from attacks of harmful bacteria.
3. **Body Cleaning:** Very important aspect to avoid visits to the doctor, especially after wrenching in Rain. Children must take bath every day.
4. **Rain Coat and Umbrella:** They are one of the greatest source of inviting bacteria and virus. It should be properly dried after use. Moist Raincoat will increase the bag load and lots of bacteria.
5. **Virul Fever:** Very common reason to make the child weak. Golden Milk (Turmeric Milk) will help to increase immunity. More use of vitamin C (lemon, Amla candy) will help to prevent from cold and cough. Steaming will also give a relief to your child.
6. **Mosquito Bites:** Apply mustered oil on body, it's a natural preventer.



Solutions and suggestions to the inquisitive parents of their little ones.-

~ Why my child does not finish the food in school?

- 1) Give the food which is liked by your ward and should be healthy too.
- 2) Give adequate amount of food. Do not give more than required amount.
- 3) Give varieties in food and arrange the lunch box in proper way. (Parantha in wrapped Cover)
- 4) Always give spoon and Napkin.
- 5) Avoid sugar, jam, pickle and sauce with puri, chapati and parantha.

~ How can we encourage the children to eat green vegetables and fruits?

Vegetables and Fruits:

- 1) Discuss the advantages of eating green vegetables.
- 2) Cook the food in such a way so that children start loving it.
- 3) Add more vegetables in the food which your child love to eat.
- 4) Cook the same vegetable in different ways.
- 5) Do not be very strict and do not pressurize them to eat.
- 6) Encourage them to eat fresh salad with sprouted gram and other pulses.
- 7) Fruits can be served as fresh fruits salads, custard and with ice cream etc.
- 8) Encourage the children to consume whole fruit instead of juices.
- 9) Stuffed parathas are the best option to feed green vegetables.

~ Is my child careless?

Forgetting belongings in the School.

- 1) Parents are requested to build up confidence with positive notes (without scolding) to the children.
 - 2) Keep on reminding your ward to take care of the belongings.
- This point will be taken care in the school by the teachers before they are off to home.

~ How can we help our children in studies?

- 1) Parents and teachers need to work in tandem for the overall development of children.
- 2) Every day's work is required to be revised at home.
- 3) Children should be encouraged to work independently within the given time period.
- 4) Do not overburden with studies, let the children enjoy the studies.

~ How can we develop reading habits in children?

- 1) Encourage the little learner to read story books.
- 2) Read stories for your children and sometimes read with your ward and be the role model.
- 3) Always be happy and show your happiness even for the small achievement of your ward.

~ How can we control TV addiction of our children?

- 1) Spend quality time with your ward.
- 2) Watch television along with your children, fix up time and strict the same.
- 3) Give time to your child and encourage them to play indoor and outdoor games.
- 4) Try to preserve the traditional games like Ludo, Chinese Checker, Carom and Chess.
- 5) Be your child's role model.

“The three key societal members who can make a difference are father mother and teacher.”